A Rare Case of Staphylococcus Caprae Periprosthetic Hip Infection with Unusual Clinical Presentation

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Learning Point of the Article:

Periprosthetic joint infection (PJI) following total hip arthroplasty (THA) sustained by Staphylococcus Caprae is extremely rare. Twostage exchange protocol can represent a successful treatment option.

Abstract

Introduction: Total hip arthroplasty (THA) surgeries are rapidly increasing due to an aging population, leading to an increase in degenerative hip osteoarthritis. However, 1% of these patients go through prosthetic joint infection (PJI), which gives rise to implant failure with prolonged periods of patient incapacitation and higher mortality risk.

Case Report: In this article, we report an unusual case of a 62-year-old male who developed a PJ17 months after a THA. The patient complained of groin, buttock pain, and swelling. He underwent MRI examination, which revealed the presence of a voluminous three-lobed formation with liquid content located around the prosthesis. After several attempts where microbiological samples reported negative results, a microbiological sample came out positive for Staphylococcus Caprae at the time of femoral component sonication. S. caprae is a Gram-positive bacillus belonging to the Staphylococcus spp. It is most commonly found as a commensal in goats and sheep, but it is a rare pathogen in human infections. The patient underwent two-stage revision surgery, resulting in the total resolution of the infection.

Conclusion: Staphylococcus Caprae still remains an unusual cause of infection. We report the 11th hip PJI due to S. caprae successfully treated with a two-stage exchange protocol.

Keywords: orthopedic implant-related infection, antibiotic treatment, total hip arthroplasty, periprosthetic joint infection, Staphylococcus Caprae, PJIs, two-stage revision.

Introduction

Total hip arthroplasty (THA) is a safe and effective procedure that can relieve pain, increase mobility, and improve patient's quality of life [1-3]. Prosthetic joint infection (PJI) is one of the worst complications of THA, with an incidence of around 1% following primary arthroplasty. It can occur following direct inoculation, hematogenous, or contiguous spread [4]. Such infections give rise to implant failures, which may necessitate further revision surgeries [4, 5]. The most commonly detected

organisms in hip PJI cases are Staphylococcus aureus and Staphylococcus epidermidis. Although infrequent, coagulasenegative Staphylococcus (CoNS) species, such as Staphylococcus Caprae, has been known to cause orthopedic infections [6]. CoNS species are typically acknowledged as a natural part of the organism, residing on the surface of healthy human skin. CoNS species are regularly found in clinical samples as contaminants and are generally not thought to possess the same pathogenic potential as the coagulase-positive S. aureus.



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Figure 1: Pre-operative anteroposterior plain radiograph of the pelvis. The image shows left hip osteoarthritis. Note joint space narrowing and articular surface sclerosis.

The harmful characteristics of CoNS species are linked to their capability to generate biofilm and inhabit biomaterials [7]. Rarely, these commensal organisms can become pathogenic in humans. S. caprae has been implicated in a variety of human infections, with the highest incidence being in bone and joint infections [8]. We present a case of PJI sustained by S. caprae [9]. This report represents the eleventh case description of S. caprae as the causative microorganism for PJI, to the best of our knowledge.

Case Report

A 62-year-old male patient underwent a primary uncemented THA by direct anterior approach in June of 2020 due to the left hip end-stage osteoarthritis (Fig. 1). After 4 days, the patient was discharged home without complications (Fig. 2).

In January 2021, the patient presented with groin and buttock pain at rest and during walking, with limited range of motion (R.O.M) but with no symptoms of inflammation. MRI examination showed the presence of a voluminous three-lobed fluid-filled cyst around the implant (Fig. 3). Synovial fluid was aspirated (23 ml) and four samples were collected for cultures, all of them yielding negative results. In February 2021, the patient underwent arthroscopic synovectomy. After 1 month of follow-up, he underwent a new MRI, which showed the presence of a new voluminous cyst around the implant surrounding the nervous-vascular bundle causing paresthesia on the medial side of the thigh, and showed the same characteristics as the previous one. Subsequently, he was admitted to the hospital and a complete open resection was



Figure 2: Post-operative anteroposterior plain radiograph of the pelvis. The image shows an uncemented left total hip arthroplasty.

performed with femoral and obturator nerves neurolysis. Several samples were collected for cultures, all of them yielding negative results. The patient presented good hip function, but complained of persistent groin pain. After 7 months, he underwent 111 Indium-labeled white blood cell bone scan which documented a high leukocyte uptake around the greater trochanter. In October 2021, he underwent a new ultrasound which showed the presence of a new voluminous cyst $(50 \,\mathrm{mm} \times$ 15 mm) around the implant with the same characteristics as the previous one. Synovial fluid was aspirated (20 ml) and sent for cultures. Cultures were negative. In November 2021, he was admitted for further examinations. PET-CT showed presence of increased uptake around the ileo-psoas and vastus lateralis muscles. A new ultrasound showed the presence of a voluminous cyst ($42 \text{ mm} \times 10 \text{ mm}$) around the implant, and blood test revealed ESR of 42 mm, and C-reactive protein (CRP) level of 0.58 mg/dl. In January 2023, he underwent triple phase bone scan that showed increased activity isolated to the proximal femur around the femoral stem. Since there were no clear signs of infection, an isolated single stage femoral stem revision was performed in February 2023. During the surgery, several swabs were collected and sent for culture. All three samples came positive for S. caprae. As per infectious disease consultant's recommendations, the patient was treated with 100 mg oral minocycline twice a day for 4 weeks. Two months after surgery, the patient complained of groin and buttock pain. Inflammatory markers were elevated (CRP 47.30 mg/dL), and a pelvis MRI showed a fluid containing formation with the same characteristics as the previous MRI (Fig. 4).

In June 2023, he underwent a new ultrasound which showed the





Figure 3: T1-weighted magnetic resonance imaging coronal plane of the pelvis. The image shows a pathologically voluminous three-lobed formation with liquid content located in the left hip joint.

presence of a new voluminous cyst around the implant with the same characteristics as the previous one. Synovial fluid was aspirated (18 ml) and sent for cultures. Cultures revealed the presence of S. caprae; susceptibility to rifampin and minocycline was confirmed, which prompted the infectious disease consultant to initiate these antibiotics. The patient started taking 100 mg oral minocycline twice a day and 600 mg oral rifampin once a day. At this time, the decision was made to opt for the two-stage revision prosthesis.

In July 2023, he underwent explant and spacer placement. During the operation, synovial and tissue samples were collected for cultures that were positive for the same pathogen. The femoral stem and acetabular component were removed, and thorough debridement and irrigation with pulse lavage were performed. Vancomycin-Gentamicin loaded bone cement was used, and a new intraoperatively molded articulating hip spacer (Spaceflex hip, G21, San Possidonio, Mo, Italy) was placed (Fig. 5). The patient was hospitalized for 10 days and treated with 100 mg IV minocycline twice a day, 600 mg IV rifampin once a day in addition 850 mg IV daptomycin once a day was given since CRP levels remained persistently elevated despite therapy with minocycline and rifampin. The day before discharge daptomycin was discontinued and a single 1500 mg IV infusion of dalbavancin was administered to achieve comprehensive coverage and an appropriate duration of therapy, considering that dalbavancin is a long-acting antibiotic. This was followed by outpatient 100 mg oral minocycline twice a day and 600 mg oral rifampin once a day. Ten days after beginning oral antibiotic therapy, minocycline was discontinued due to adverse side effects (dyspepsia and



Figure 4: T1-weighted magnetic resonance imaging coronal plane of the pelvis. The image shows a pathologically voluminous three-lobed formation with liquid content in the left hip joint.

asthenia), 750 mg oral levofloxacin once a day was initiated as replacement therapy. In October 2023, the patient was readmitted for the second-stage. A spacer removal and a revision hip arthroplasty was performed using an uncemented multiholes titanium cup (Trident II Tritanium, Stryker Orthopedics, Mahwah, NJ, United States) and a modular tapered titanium revision stem (Restoration Modular Stem, Stryker Orthopaedics, Mahwah, NJ, United States) (Fig. 6). During the hospitalization, he continued the therapy with levofloxacin, rifampin, and daptomycin. At the time of the surgery, several swabs were taken and sent for culture which came out negative. The patient was discharged after 8 days without complication. Total oral antibiotic therapy with levofloxacin and rifampin was continued for 10 additional days. The last follow-up 6 months after the revision showed no sign of loosening or persistent infection.

Discussion

S. caprae is a Gram-positive bacillus belonging to the Staphylococcus spp. It is a common commensal in goats and sheep, but it is a rare pathogen in human infections [10]. There have been reports of PJIs, although S. caprae still remains an unusual cause of infection [11]. Despite being acknowledged as a commensal organism in animals, only 20% of individuals who contract S. caprae infections have any documented history of animal interaction. In our specific case, there was no reported recent contact with animals or engagement in high-risk activities. While orthopedic hardware infections have a polymicrobial cause due to contamination from the traumatic



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Figure 5: Post-operative anteroposterior plain radiograph of the pelvis. The image shows a temporary antibiotic-loaded cement spacer.

and dirty wound, 60% of PJIs tend to be monomicrobial [11]. Due to its extremely low incidence, there is no unanimous agreement on the optimal therapeutic approach for S. caprae PJIs. Treatment options for PJIs include debridement, antibiotics, and implant retention (DAIR), two-stage revision exchange, one-stage revision exchange, major partial one-stage revision (removing either the femoral stem or acetabular shell), and minor partial one-stage revisions (where only the femoral head and/or acetabular liner are replaced). Although there have been previous authors reporting successful treatment of S. caprae PJIs with these treatment options [8-12], the best method has not been established.

In our specific case, due to the negative results obtained from the initial wound samples, we proceeded with partial one-stage revision, removing only the femoral stem due to the suspicion of aseptic loosening of the femoral stem. The femoral stem was sent for sonication. Seven days later, the presence of S. caprae was detected. We proceeded with a two-stage revision since according to literature that it is the protocol which allows the lowest rates of reinfection [13]. Two-stage revision THA often involves severe bone loss that presents the treating surgeon with a complex reconstructive challenge with an increased risk of dislocation [14-17].

About the antibiotic treatment administered, we acknowledge that there is no consensus on the best antibiotic therapeutic approach for S. caprae. The existing medical literature supports the use of combination of fluoroquinolone with rifampicin [11]. In our specific case, we used a combination of



Figure 6: Post-operative anteroposterior plain radiograph of the pelvis. The image shows an uncemented left revision total hip arthroplasty.

minocycline, rifampin, daptomycin, and dalbavancin. Rifampin inhibits bacterial DNA-dependent RNA polymerase and had the advantage of good oral bioavailability, allowing us to continue adequate long-term outpatient therapy [18]. Successful treatment was accomplished with a two-stage exchange protocol and a targeted antibiotic therapy with good function outcomes, the left hip was pain-free without any clinical signs of infection and with a full R.O.M.

Conclusion

S. caprae represents an extremely rare cause of hip PJI. There is paucity of data on the best surgical and antibiotic management in literature. We report the 11th case successfully treated with a two-stage exchange protocol.

Clinical Message

S. caprae represents an extremely rare cause of hip PJI. Due to its extremely low incidence, there is no unanimous agreement on the optimal surgical and antibiotic management for S. caprae PJIs. The patient was treated with the two-stage protocol.



Declaration of patient consent: The authors certify that they have obtained all appropriate patient consent forms. In the form, the patient has given the consent for his/ her images and other clinical information to be reported in the journal. The patient understands that his/ her names and initials will not be published and due efforts will be made to conceal their identity, but anonymity cannot be guaranteed.

Conflict of interest: Nil Source of support: None

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