Uncommon Pathogen: Achromobacter xylosoxidans Infection Following Total Knee Arthroplasty

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Learning Point of the Article:

Achromobacter xylosoxidans is a pathogen capable of causing prosthetic joint infection even in immunocompetent patients.

Introduction: Achromobacter xylosoxidans is an uncommon opportunistic organism, mainly causing infection in immune-compromised hosts. A. xylosoxidans is a non-fermenting Gram-negative bacillus. Being closely associated with Alcaligenes species was also called A. xylosoxidans.

Case Report: A few cases of periprosthetic infection by A. xylosoxidans have been reported outside India. A periprosthetic infection with A. xylosoxidans following a total knee arthroplasty is reported in a female.

Conclusion: A. xylosoxidans is a pathogen capable of causing prosthetic joint infection even in immunocompetent patients. Thorough debridement and appropriate antibiotic treatment is essential for the success of revision surgery.

Keywords: Prosthetic joint infection, total knee arthroplasty, Achromobacter xylosoxidans.

Introduction

organism, mainly causing infection in immune-compromised hosts. A. xylosoxidans is a non-fermenting Gram-negative bacillus. Being closely associated with Alcaligenes species was also called as Alcaligenes xylosoxidans [1]. First identified and described by Yabuchi and Ohyama in 1971 from seven cases of chronic otitis media, it belongs to the family alcaligenaceae and genus achromobacter [2], with two subspecies, namely xylosoxidans, and denitrificans. Few cases of periprosthetic infection by A. xylosoxidans have been reported outside India [3]. Here is a case of periprosthetic infection with A. xylosoxidans following a total knee arthroplasty is reported in a female.

Case Report

Achromobacter xylosoxidans is an uncommon opportunistic A 61-year-old non-diabetic, non-hypertensive female was admitted complaining of pain, swelling, and pus discharge from her right knee. She was operated on outside our institute for bilateral knee end-stage arthritis with bilateral total knee arthroplasty (TKA) done 1 year ago. She underwent debridement and liner exchange 2 months back for an infected right TKA outside our institute. On pre-operative physical examination, the thigh and calf muscles were wasting, and a healed surgical scar with one discharging sinus with seropurulent discharge in the infrapatellar region was present.

> Pre-operative x-rays of the right knee show loosening of tibial and femoral components (Fig. 1). Blood investigations were done showing raised erythrocyte sedimentation rate (ESR) and C-



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Figure 1: Pre-operative radiograph with loosening of total knee arthroplasty implant.



Figure 2: Post-operative radiograph with articulating spacer and calcium sulfate pellets.

reactive protein (CRP) levels and raised total leukocyte count (TLC). Synovial fluid analysis shows increased leukocyte numbers and more than 90% of neutrophils. Under the impression of deep prosthesis infection, a two-stage revision TKA operation was planned, and the patient underwent Stage I revision of the right TKA. Antibiotics were stopped 2 weeks before Stage I surgery to increase the efficacy of culture results.

TKA prosthesis removal was done with debridement and irrigation with a temporary articulating knee cement spacer with antibiotics (vancomycin 1 g + colistin 1 MIU) and calcium sulfate pellets application (Fig. 2). Extracted implants were sent for sonication, synovial fluid specimens, and five deep tissue samples from the medial and lateral gutter, posterior capsule, and supra and infrapatellar region were taken and divided into two and sent for aerobic and anaerobic cultures at the time of debridement. The patient was mobilized postoperatively with a knee ROM brace. Postoperatively alternate day basis, ESR and CRP were done and showed a decreasing trend. The operative specimen's implants and synovial tissue cultures revealed A. xylosoxidans as the causative organism. The patient then received intravenous antibiotics (cefoperazone + sulbactam 2 g iv BD) according to the results of the antibiotic sensitivity testing and after consulting with the infectious department medical team. Clinically, the knee was cool, non-tender, and showed no external signs of infection. The CRP decreased after treatment with cefoperazone + sulbactam, pain, and wound discharge improved and the patient was planned for 6-week IV antibiotics coverage. The patient underwent Stage II revision after 8 weeks when CRP and ESR were within normal limits.

After 3 months of follow-up, patient is doing well with no local and systemic signs and symptoms of infections (Fig. 3).

Discussion

A. xylosoxidans is a Gram-negative bacillus widespread in the natural environment [4]. It is an opportunistic human pathogen. Those whose immune response is weakened or who have underlying diseases linked to immunodeficiency are particularly vulnerable [5]. A review of the literature identified one case of septic arthritis caused by this organism after TKA. In this case, the patient had rheumatoid arthritis and was on high doses of prednisone, both conditions contributing to a weakened immune system [6]. A rare case of A. xylosoxidans septic arthritis in immunocompetent child patients has been reported in India. A. xylosoxidans is a rarer etiology of septic arthritis in pediatric patients [7]. The most familiar invasive manifestations of A. xylosoxidans are pneumonia, devicerelated infections, and primary uncomplicated bacteremia. Eshwara et al. have reported the first pancreatic pseudocyst report and local wound infection of metastatic ductal carcinoma due to A. xylosoxidans [1] and perinephric abscess case is reported by Vinod et al., from India [8]. A case of A. xylosoxidans septic arthritis was found in adult that too in immunocompromised systemic lupus erythematosus patients [9]. In our case, the synovial fluid culture might have been falsely negative because antibiotics were used before the joint aspiration from outside the institute. In addition, the value of microbiological cultures for diagnosing late periprosthetic infections is limited, standard methods may fail to detect





Figure 3: 3-month follow-up radiograph.

biofilm-forming sessile or other fastidious slow-growing bacteria [10]. A. xylosoxidans strains frequently resistant to

aminoglycosides, ampicillin, 1st and 2nd-generation cephalosporins, and chloramphenicol. However, they typically respond to anti-pseudomonas third-generation cephalosporins, carbapenems, and trimethoprimsulfamethoxazole [11].

Conclusion

This case demonstrates that A. xylosoxidans is a pathogen capable of causing prosthetic joint infection even in immunocompetent patients and implies that to cure the infection of late stage, removal of implant, thorough debridement and appropriate antibiotic treatment are essential for the success of revision surgery.

Clinical Message

Uncommon pathogens like A. xylosoxidans can also lead to periprosthetic joint infection.

Declaration of patient consent: The authors certify that they have obtained all appropriate patient consent forms. In the form, the patient has given the consent for his/ her images and other clinical information to be reported in the journal. The patient understands that his/ her names and initials will not be published and due efforts will be made to conceal their identity, but anonymity cannot be guaranteed.

Conflict of interest: Nil Source of support: None

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