

Role of Denosumab in Chronic Kidney Disease with Paget's Disease of Bone: A Case Report and Review of Literature

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Learning Point of the Article:

In patients with CKD, focal bone pain, deformity, or fracture should prompt consideration of Paget's disease rather than being attributed solely to CKD-MBD, with denosumab as a potential treatment.

Abstract

Introduction: Paget's disease of bone (PDB) is rarely encountered in patients with chronic kidney disease (CKD), with limited reports in the literature. The coexistence of these conditions poses significant diagnostic and therapeutic challenges. This case report examines the management of PDB in advanced CKD, where standard bisphosphonate therapy is contraindicated.

Case Report: We report a 51-year-old male with CKD stage 5 presenting with bone pain, deformity, and fracture. Imaging and biochemical evaluation confirmed the diagnosis of Paget's disease. Due to contraindications to bisphosphonates, the patient was treated with denosumab. The patient showed initial symptomatic and biochemical improvement; however, recurred after 4 months, requiring repeated doses.

Conclusion: This case suggests that denosumab could be an alternative in advanced CKD with PDB where bisphosphonates are contraindicated. However, clinicians should be aware of limitations such as the paucity of evidence, the potential for recurrence, and the need for careful monitoring of hypocalcemia. Further research is needed to establish long-term safety and efficacy of denosumab in these patients.

Keywords: Paget's disease of bone, chronic kidney disease, denosumab, alkaline phosphatase, bone scintigraphy.

Introduction

Paget's disease of bone (PDB) is a localized disorder of bone remodeling, resulting in a disorganized mosaic of woven and lamellar bone, which is susceptible to deformity and fracture [1]. The PDB was traditionally reported to have a restricted geographical distribution and to be less common in Asians than Caucasians [2]. The diagnosis is often straightforward when skeletal involvement is classical. In a few situations, such as atypical skeletal involvement or comorbidities, for example, chronic kidney disease (CKD), establishing the diagnosis can be difficult [3]. The treatment options for PDB in CKD are also limited.

diagnosis presented with progressive right leg pain, deformity, and a spontaneous fracture. He had a 5-year history of bilateral knee pain managed with analgesics. He was diagnosed with Stage 3 CKD 4 years before presentation, progressing to stage 5 at the time this case was evaluated. There was no history of swellings elsewhere in the body. Physical examination revealed a non-tender bony swelling with crepitus over the right leg without features of local inflammation. Laboratory evaluation showed a serum creatinine of 5.74 mg/dL, an estimated glomerular filtration rate of 10 mL/min/1.73 m², and elevated total alkaline phosphatase (ALP) levels as tabulated in Table 1. A skeletal survey demonstrated the classical radiological features of PDB. Bone scintigraphy revealed increased tracer uptake involving the right tibia, left hemipelvis, and left humerus (Fig. 1).

Case Report

A 51-year-old male with CKD Stage 3 at the time of initial CKD

Treatment course

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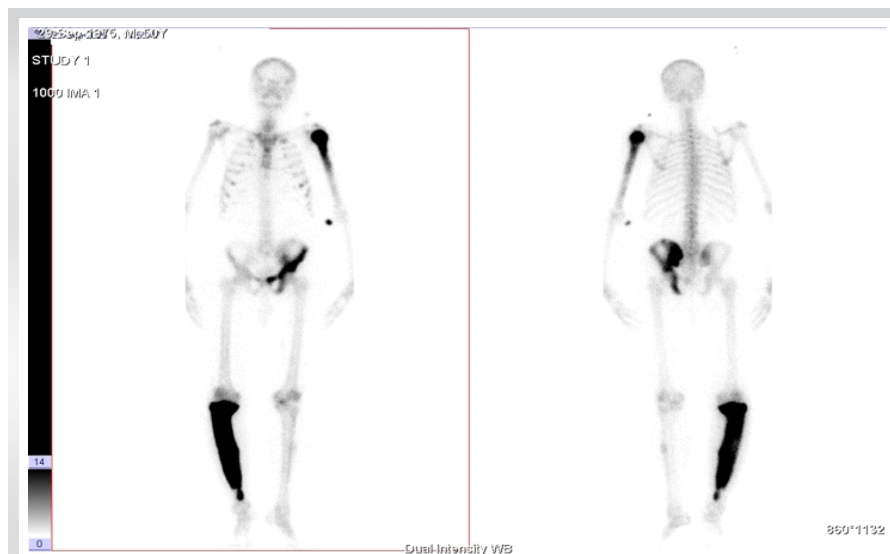


Figure 1: Bone scan images. Tissue phase images reveal increased tracer distribution in the proximal part of the left humerus, left hemipelvis, and proximal two-thirds of the right tibia. It is notable that there was no uptake in the kidneys, consistent with chronic kidney disease.

In view of end-stage renal disease, denosumab (60 mg subcutaneously) was initiated, with the understanding that this represented an off-label use in this population. Initial response was noted, with symptomatic improvement and a reduction in total ALP, as shown in Fig. 2. Serum calcium and phosphate levels were monitored at baseline, 2 weeks, 1 month, and 3 months after each injection, with no severe hypocalcemia (defined as serum calcium <6.5 mg/dL) observed; however, calcium supplementation was administered and vitamin D levels were maintained. Recurrence of bone pain and a rise in ALP occurred after 4 months, prompting a second denosumab dose at 6 months after the first. He underwent surgery for right tibia fracture correction a month after the second denosumab injection. The fracture fixation itself contributed to symptom relief and functional improvement in the immediate post-operative period. Subsequent dosing (third dose after 2 years, fourth dose after 18 months following the third) was based on biochemical and clinical recurrence. Over the approximately 4-year follow-up period, the patient remained on dialysis with stable renal function.

Discussion

Diagnostic considerations

The index case presented with bone pain in the context of CKD. Importantly, not all bone pain in CKD can be attributed to CKD-mineral bone disorder (CKD-MBD), though the distinction can be

challenging. Any persistent, localized pain with deformity or fracture should raise the possibility of an alternate diagnosis such as Paget's disease.

Measurement of bone-specific ALP would be ideal for distinguishing PDB from CKD-MBD, but when unavailable in resource-limited settings, imaging plays a crucial role. In our patient, bone scintigraphy demonstrated focal, intense tracer uptake in a characteristic distribution (tibia, pelvis, humerus), which helped differentiate PDB from CKD-MBD, in which uptake is typically diffuse. Plain radiography showed cortical thickening and trabecular coarsening, supporting the diagnosis. However, histological confirmation by bone biopsy was not performed, limiting definitive diagnostic certainty, although the clinical and radiological findings were highly

consistent with PDB.

Literature context

We reviewed 14 previously published case reports of PDB in CKD to contextualize our findings (Table 2). These cases were heterogeneous in CKD stage, skeletal involvement sites, treatment modalities, and follow-up duration, limiting direct comparison. Most patients were elderly males with advanced CKD (stages 4–5). The pelvis was the most commonly affected site. ALP levels were markedly elevated in all cases and appeared to reflect disease activity and treatment response.

Treatment options in CKD-PDB

Bisphosphonates are the standard of care for active PDB.

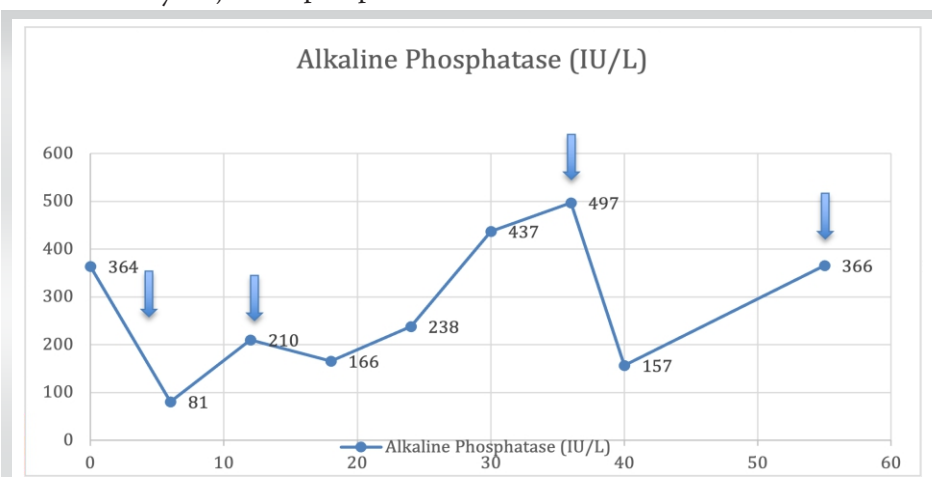


Figure 2: Alkaline Phosphatase Response to Denosumab in CKD-PDB (x-axis: duration in months & y-axis: serum alkaline phosphatase in IU/L).

Table 1: Investigations at initial presentation

Parameter	Patient's value	Reference range
Hemoglobin	12.7 g/dL	13.5–17.5 g/dL
Creatinine	5.74 mg/dL	0.5–1.2 mg/dL
Alkaline phosphatase	257 IU/L	44–147 IU/L
Corrected calcium	8.7 mg/dL	8.5–10.5 mg/dL
Phosphate	4.7 mg/dL	2.5–4.5 mg/dL
Intact PTH	266.7 pg/mL	10–65 pg/mL
25(OH) Vitamin D	51.93 ng/mL	30–100 ng/mL
pH	7.245	7.35–7.45
HCO ₃ ⁻	15.6 mmol/L	22–28 mmol/L

Zoledronate achieves superior biochemical and clinical remission compared with oral agents, with sustained suppression of bone turnover and conversion of woven to

lamellar bone [4, 5]. It is a relatively safer drug, with minor flu-like adverse events seen in around 25% of patients [4]. However, due to nephrotoxicity, current guidelines advise against their use in patients with an eGFR below 35 mL/min [6]. Calcitonin may be used in CKD, but its efficacy is modest and often incomplete [7].

Denosumab rationale and limitations

Denosumab, a monoclonal antibody that targets RANKL, represents a potential alternative in advanced CKD because of its non-renal clearance. Several case reports and small case series have demonstrated biochemical and scintigraphic responses in patients with CKD and PDB. However, significant limitations exist: (i) evidence is limited to individual case reports and small heterogeneous series; (ii) variable efficacy has been observed, with some cases showing recurrence after treatment cessation; (iii) optimal dosing intervals remain unclear, with the need for repeated

Table 2: Studies assessing Paget's disease of bone in chronic kidney disease patients

S. No.	Author, year	Age and gender	Baseline ALP (IU/L)	CKD stage	Skeletal involvement	Therapeutic agent used	Follow-up period
1	Schwarz <i>et al.</i> 2012 [8]	86/M	147	5	Pelvic	Denosumab, 60 mg, SC, at 0, 6, 9, 12, 15 months	15 months
2	Ringe and Dellling 1985 [12]	48/F	496	-	NA	NA	NA
3	Etemadi <i>et al.</i> 2008 [13]	77/F	6336	On HD-5D	Skull	Alendronate 70 mg/week-6 months	6 months ALP-600
4	Wu <i>et al.</i> 2009 [14]	77/F	108	On PD	Lumbar L3	Calcitonin sc and nasal Surgical decompression	-
5	Cianciolo <i>et al.</i> 2010 [15]	69/F		5D	Skull	Clodronate	12 months
6	De Sousa-Amorim <i>et al.</i> 2012 [16]	72/M	-	PD	Polyostotic cervical spine, first finger of the right hand, left ulna, right sacroiliac joint, left malleolus.	-	Asymptomatic
7	Kostine <i>et al.</i> 2016 [9]	79/M	379	4	Pelvis and lumbar spine	Denosumab, 60 mg, SC single dose	18 months
8	Kuthiah and Er 2019 [10]	63/F	312	4	Left iliac, pubic bones, tibia	Denosumab, 60 mg, SC, six-monthly	3 months ALP-118
9	Chan <i>et al.</i> 2019 [17]	80/M	168	5	Bilateral pelvic bones - asymptomatic	Nil	Nil
10	Panuccio and Tripepi 2020 [18]	60/M	6000	4	Skull and long bones	Clodronate 800 mg twice (3 m) → nasal Calcitonin (6 m)	9 months ALP-1000
11	Muthuet <i>et al.</i> 2020 [19]	60/M	319		Right femur	Pamidronate 30 mg/kg after 6 months, every 6 months	18 months
12	Elbüken <i>et al.</i> 2022 [20]	47/M	1,693	3	Left Iliac bone, right femur, and tibia	Denosumab, 60 mg, SC, three monthly	-
13	Guillermo <i>et al.</i> 2021 [21]	80/M	4500	PD	Left iliac bone	Denosumab	-
14	Lorho <i>et al.</i> 1998 [22]	81/M	-	5D	Pelvis	None	-

M: Male, F: Female, ALP: Alkaline phosphatase, CKD: Chronic kidney disease, PD: Paget's disease

dosing in several cases; (iv) the risk of severe hypocalcemia – particularly in advanced CKD – remains a major concern, requiring careful monitoring; and (v) long-term safety data in this population are sparse. Our case, while showing initial improvement, also demonstrated recurrence after 4 months, illustrating the challenge of sustained disease control [8, 9, 10, 11].

Confounding factors in this case

It is important to acknowledge inherent confounders that limit attribution of improvement solely to denosumab. The spontaneous tibial fracture and subsequent surgical intervention for fracture correction (with internal fixation) likely contributed significantly to pain relief and functional recovery independent of denosumab therapy. In addition, the initial improvement in ALP and symptoms after the first denosumab dose may have been influenced by the natural history of post-fracture bone healing. These confounders make it difficult to attribute the observed biochemical and clinical improvements solely to denosumab, a limitation inherent in single-case reports.

Limitations

This case report has several important limitations:

- Single case: Findings cannot be generalised to a population; individual responses vary markedly.
- Lack of control group: No comparison with other treatment modalities (e.g., zoledronate in a matched CKD stage 5 patient).
- Confounding variables: Surgical fracture correction and natural bone healing post-fracture may have contributed to symptom improvement independent of denosumab.
- Disease recurrence: Recurrence after 4 months and need for repeated dosing raise questions about sustained efficacy.
- Unclear optimal dosing: The ideal dosing interval in CKD remains uncertain; this case required doses every 6–18 months.
- Limited biochemical markers: Bone-specific ALP was unavailable in our institution; total ALP is less specific for bone disease. Bone turnover markers (P1NP) were not measured.
- Hypocalcemia monitoring: While severe hypocalcemia did not occur, the monitoring protocol may not have captured all

asymptomatic episodes or long-term cumulative effects.

- No histological confirmation: Diagnosis was based on biochemical and imaging findings; bone biopsy was not performed.
- Medium-term follow-up: Approximately 4 years; long-term safety and efficacy beyond this period remain unknown.
- Literature heterogeneity: The 14 cases reviewed differed substantially in CKD stage, disease sites, treatments, and follow-up duration.

Conclusion

PDB in the setting of CKD represents a rare diagnostic and therapeutic challenge. This case illustrates that denosumab may serve as a potential therapeutic option in patients with advanced CKD where bisphosphonates are contraindicated due to renal impairment. However, the clinical evidence supporting its use remains limited to individual case reports and small case series. Important considerations include the need for repeated dosing (as demonstrated in this case by recurrence after 4 months), the risk of hypocalcemia, necessitating careful monitoring, and the unclear optimal dosing intervals. Larger, controlled studies and longer-term follow-up data are needed to establish the role of denosumab in this population. Until such evidence accumulates, denosumab should be considered a reasonable alternative in selected patients with advanced CKD and PDB for whom bisphosphonates are contraindicated, with the caveat that careful biochemical monitoring and informed consent regarding the limited evidence are essential.

Clinical Message

Patients with CKD presenting with focal bone pain and deformity should be evaluated for alternative diagnoses beyond CKD-MBD, including PDB. Imaging modalities such as bone scintigraphy can aid differentiation. Denosumab may serve as a therapeutic option in advanced CKD where bisphosphonates are contraindicated, which can help clinicians feel more confident in managing complex cases, though treatment decisions should account for the need for repeated dosing and hypocalcemia monitoring.

Declaration of patient consent: The authors certify that they have obtained all appropriate patient consent forms. In the form, the patient has given the consent for his/ her images and other clinical information to be reported in the journal. The patient understands that his/ her names and initials will not be published and due efforts will be made to conceal their identity, but anonymity cannot be guaranteed.

Conflict of interest: Nil **Source of support:** None



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