

Management of Periprosthetic Total Knee Infection with Partial Hardware Removal: A Case Report

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Learning Point of the Article:

Periprosthetic joint infection is an unfortunate complication in patients with total knee arthroplasty. Periarticular hardware can complicate surgical planning and lead to poor outcomes for patients. Removal of only the intra-articular hardware is an option for maintaining structural support in such cases.

Abstract

Introduction: Periprosthetic joint infection (PJI) after total knee arthroplasty (TKA) remains a devastating complication, particularly in patients with associated periarticular hardware. Traditional two-stage revisions recommend complete hardware removal to ensure full resolution of the infection; however, this decreases mechanical stability, introduces susceptibility to fractures, and larger incisions with soft tissue disruption.

Case Report: We report the case of a 67-year-old male with a chronic PJI following TKA and distal femur fixation. The infected prosthesis and intra-articular plate segment were removed, while the proximal portion of the plate was retained for stability. The infection was eradicated following staged revision and targeted antibiotic therapy. At the 29-month follow-up, the patient remained infection-free and able to bear full weight.

Conclusion: This case illustrates that partial hardware retention may be a viable alternative in select patients requiring both infection control and structural preservation.

Keywords: Total knee arthroplasty, periprosthetic joint infection, partial, hardware removal, femoral fracture.

Introduction

Periprosthetic joint infection (PJI) remains one of the critical post-operative complications of total knee arthroplasty (TKA) and total hip arthroplasty (THA). Reported PJI incidence for TKA and THA ranges from approximately 0.5% in the first post-operative year to 2% in 10–15 years, demonstrating its relevance as arthroplasty procedures increase in prevalence worldwide [1]. PJIs are commonly associated with prolonged hospital stays, corrective surgeries, and increased need for healthcare maintenance, making accurate diagnosis and evidence-based

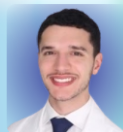
management essential components of modern post-arthroplasty care.

A two-stage revision approach has become the prevailing strategy for management of chronic PJI. During the first stage, all foreign material is removed, the joint is completely irrigated and debrided, and an antibiotic-loaded bone cement (ALBC) spacer is placed to maintain joint space, allowing for delivery of high local concentrations of antibiotics. After systemic antibiotic therapy and resolution of infection markers, the second stage involves removal of the spacer, repeat debridement, and

Author's Photo Gallery



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Figure 1: Lateral X-ray of left femur fracture. A spiral fracture involving the middle and distal thirds of the femur. Knee prosthesis remains intact.

reimplantation of a definitive prosthesis, frequently using antibiotic-impregnated cement [2,3]. This approach provides extensive infection-control but faces complexity in patients with concurrent fracture fixation or retained orthopedic hardware.

In combination, the presence of hardware presents a management dilemma. Available studies have primarily focused on total hip arthroplasty cases, where hardware retrieval has been associated with increased perioperative complications and long-term mortality in select patient populations [4]. Hardware removal (HWR) before conversion arthroplasty has also been explored as a preventive measure to reduce post-operative infection risk [5]. In knee arthroplasty, Fisher et al. demonstrated higher wound-related complication rates in patients undergoing TKA after tibial plateau fracture fixation, while Klatte et al. reported an elevated risk of infection in arthroplasty performed with preexisting osteosynthetic material in situ [6,7]. Altogether, these findings emphasize the increased susceptibility to infection when prosthetic implantation is pursued in the presence of residual fixation hardware.

Despite these findings, there are limited studies addressing whether partial preservation of fixation hardware can demonstrate infection clearance while maintaining fracture stability. Conventional methods favor complete HWR, which may result in loss of structural support, requiring downstream secondary fixation. A study performed by Hao et al. described a two-stage revision involving full removal of the fixation hardware, and replacement with an ALBC plate and hand-made cement spacer, eradicating the infection with delayed fracture consolidation [2]. This explores a potential opportunity for selective hardware retention – removing the infected or intra-articular portion while maintaining the stable extra-articular segments – to balance infection control with mechanical stability.

Further exploration of this theoretical approach may inform future surgical decision-making, specifically in complex femoral fracture cases with PJI complications. Investigating outcomes following staged revision with partial hardware preservation could support revisions to present management approaches and expand treatment options for patients requiring infection resolution in coordination with structural integrity maintenance.

Informed consent was obtained from the patient for the collection and publication of their clinical data and images.

Case Report

A 67-year-old male with a prior left TKA fell while walking to the bathroom in his home. He presented to the emergency department with an obvious deformity of the left lower extremity. The patient was evaluated in the ED and found to be neurovascularly intact. X-rays revealed a displaced and comminuted diaphyseal femur fracture involving the middle

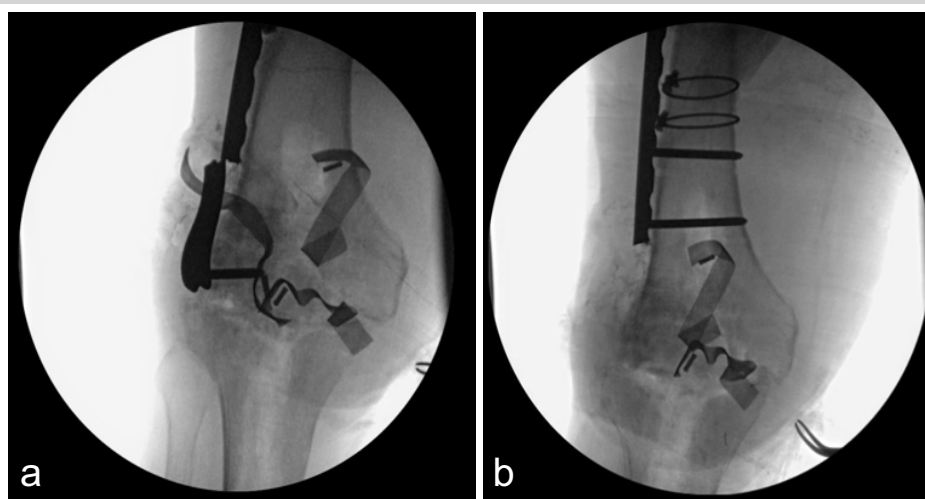


Figure 2: Intra-operative fluoroscopy of removed distal femoral plate. (a) Intra-articular plate separated from proximal plate. (b) Removed distal, intra-articular plate and screw.

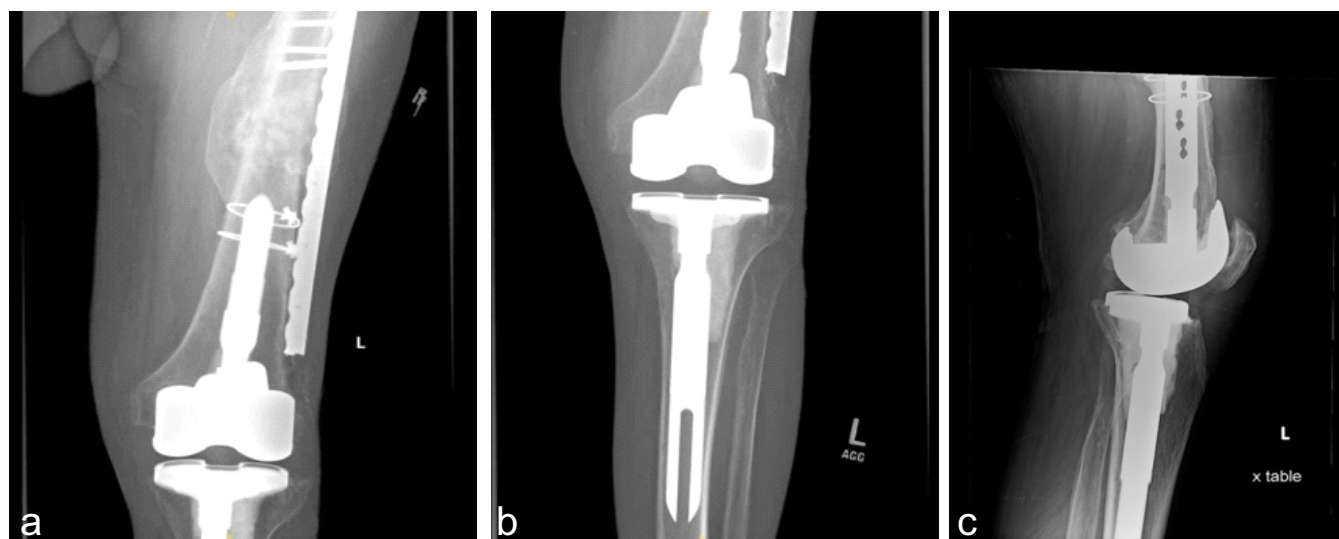


Figure 3: Left femur X-rays 2 months after stage 2 revision. (a) Anteroposterior (AP) of proximal femur with partial lateral plate retained demonstrating callus formation. AP (b) and lateral (c) views of knee showing properly aligned cemented total knee arthroplasty revision.

and distal thirds (Fig. 1). This fracture was subsequently fixed using a 14-hole distal femur locking plate with 4.5 mm non-locking cortical screws. The TKA hardware remained intact and unchanged following the surgery. The patient was evaluated at 12 days, 5 weeks, and 10 weeks after surgery with no complaints. X-rays at these visits demonstrated good alignment and progressive fracture healing. At 5 months post-operative, the patient developed loosening of the hardware and underwent debridement with revision of bone graft and placement of new screws. At this time, wound and tissue cultures grew *Corynebacterium striatum*, and he was subsequently placed on 6 weeks of vancomycin, which cleared the infection.

Ten months after the distal femur fracture, the patient complained of pain and swelling in the left knee. Arthrocentesis of the synovial fluid grew *Staphylococcus epidermidis* in the joint, and vancomycin was started. The knee was aspirated, and computed tomography (CT) scans were obtained for surgical planning. The CT scan demonstrated insufficient healing of the distal femur fracture, so along with removing the TKA hardware and placing an antibiotic spacer, the intra-articular aspect of the plate was cut off (Fig. 2a and b). The proximal part of the plate and screws remained attached to the femur to stabilize the fracture and allow for continued healing. At 4 weeks after the stage 1 revision, the patient was doing very well with no signs of persistent infection or complaints. Stage 2 revision was delayed due to poor control of diabetes (Hemoglobin A1c of 9.4%) and a urinary tract infection. The patient was able to get his A1c down to 6.5% over the course of the next few months, allowing the 2nd stage of the revision to be completed. Before this surgery, knee aspiration cultures were negative, and the patient had finished antibiotic therapy: Ciprofloxacin for his UTI.

The revision surgery went as planned, using cemented hardware. Following surgery, the patient was placed on 100 mg oral doxycycline BID. Six weeks after the revision, cultures remained negative, and the patient was instructed to continue weight-bearing as tolerated. The images at 2 months showed an intact cemented TKA and lateral femoral plate (Fig. 3a, b, c). Most recent follow-up at 29 months demonstrated stable alignment of the knee with no further complications.

Discussion

PJIs are complications of joint arthroplasty surgeries which involve the introduction of foreign material into the human body. These infections arise from a sinus tract with the outside environment that directly communicates with the prosthesis [3]. Diagnosis involves arthrocentesis with evaluation of the fluid, specifically looking for the presence of elevated serum C-reactive protein, elevated erythrocyte sedimentation rate, neutrophils in the synovial fluid, and/or an isolated pathogen [8,9]. Common pathogens include *Staphylococcus aureus* in the acute setting (<3 months) and *S. epidermidis* in the delayed setting (3–12 months). After identifying a PJI in the case of a TKA, a staged revision is planned to remove the infected hardware and then restabilize the joint.

Standard staged management of PJIs involves the removal of all foreign material to optimize the eradication of the infection. Hardware retained during the revision process are at increased risk of causing a persistent infection due to biofilm production [10]. However, femoral fractures, critical to the stability of the lower extremity, add complexity to the management of PJIs. Partial HWR has been utilized as a method of treating infections involving deep brain stimulation, but has yet to be adopted as a

standard of practice for orthopedic infections. Studies by Ginalis et al.; Fenoy and Simpson demonstrated successful clearance of atraumatic device-related infection when only pieces of the hardware were removed in patients with deep brain stimulation [11,12]. These pathogens are often similar to the ones that affect orthopedic hardware. Since the infection in this case was found in the synovial fluid, all the TKA hardware was removed. The distal end of the femoral plate closest to the joint space was cut out and removed from the femur. This procedure successfully cleared the infection without sacrificing femoral support.

Diabetes mellitus is a well-documented cause of delayed healing and increased post-operative infections. Patients with diabetes and persistent hyperglycemia remain in a pro-inflammatory state with the production of tumor necrosis factor-alpha, interleukin (IL)-1 β , and IL-6 leading to increased osteoclast formation and bone resorption [13]. Fracture healing involves formation of a hematoma, granulation tissue, bony callus, and bone remodeling. Microvascular disease from a high-glucose state leads to a disruption in this process, delayed fracture union, and an increased risk of infection [14]. Therefore, careful consideration should be given to diabetic patients with femur fractures near the prosthesis. The patient in this case presented 10 months after open reduction and internal fixation (ORIF) of a femoral fracture with a PJI, aiding the decision to keep the fracture stable during the revision process.

Early identification and intervention of PJI is essential for maximizing chances of successful treatment. Additional hardware around the joint would typically be removed to decrease the chance of sustained infection. However, this case presents an alternative option for maintaining the structural integrity of the lower extremity while simultaneously eradicating the infection. Keeping the plate attached provided

earlier weight bearing for the patient, which reduced the chance of developing deep vein thrombosis. Partial plate removal was an individualized treatment method that led to successful outcomes for 29 months in this patient and should be considered by surgeons who are presented with a similar problem.

Conclusion

This case report describes the successful management of a PJI following TKA in a patient with periarticular distal femur fracture fixation, using selective retention of the extra-articular hardware to maintain structural stability and minimize soft tissue insult. This 67-year-old male developed a chronic PJI with *S. epidermidis* after prior ORIF. Standard two-stage revision with complete HWR would have compromised fracture stability, so only the intra-articular portion of the plate was removed, while the stable proximal, extra-articular portion was left in place. Following targeted antibiotic therapy and delayed reimplantation, the infection was eradicated without any loss of mechanical integrity. At the 29-month follow-up, the patient demonstrated infection-free recovery and stable length, alignment, and rotation of the previous fracture fixation. This report highlights that partial hardware preservation is a viable alternative in complex PJI cases where both infection control and structural stability must be maintained.

Clinical Message

Partial HWR is a valid option for PJIs with additional periarticular hardware. Adequate antibiotics and debridement with a staged revision is still required, however, only partial removal of the intra-articular hardware can preserve extra-articular fracture stability. Individualized treatment plans are essential for optimizing stability and improving patient outcomes.

Declaration of patient consent: The authors certify that they have obtained all appropriate patient consent forms. In the form, the patient has given the consent for his/ her images and other clinical information to be reported in the journal. The patient understands that his/ her names and initials will not be published and due efforts will be made to conceal their identity, but anonymity cannot be guaranteed.

Conflict of interest: Nil **Source of support:** None

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